

A flock of white doves is shown in flight against a deep blue background. The doves are captured in various stages of their wing strokes, creating a sense of movement and grace. The lighting is soft, highlighting the texture of their feathers. The overall composition is centered and balanced, with the text overlaid on the upper and lower portions of the image.

Merge with the
**Lord of the
Universe**
...Your Divine Master

Aim of Life

Baba Iqbal Singh

The Divine Master, Guru Nanak says...

The only way to tread the Divine path is to shed your ego. To attain salvation in this very life is to follow the Divine instructions incorporated in holy books...

ਭਈ ਪਰਾਪਤਿ ਮਾਨੁਖ ਦੇਹੁਰੀਆ ॥ ਗੋਬਿੰਦ ਮਿਲਣ ਕੀ ਇਹ ਤੇਰੀ ਬਰੀਆ ॥
ਅਵਰਿ ਕਾਜ ਤੇਰੈ ਕਿਤੈ ਨ ਕਾਮ ॥ ਮਿਲੁ ਸਾਧ ਸੰਗਤਿ ਭਜੁ ਕੇਵਲ ਨਾਮ ॥੧॥ (12)

O man, you have come into this world to merge with the Lord, who has created the universe and is the supreme positive force. You have covered the long distance, of birth and rebirth, from inert matter to the plant kingdom, to the animal kingdom and finally to Man, bestowed with the Divine wisdom, to meet your Divine Master.

This is your golden chance to meet the Lord of the universe. If you miss this chance, you will fall into the vicious circle of birth and rebirth again, right from the lowest level to that of the highest creature. All the Eastern religions, including Gurbani, say that there are 84 lakh species on this planet and Man is considered to be the supreme living being amongst them all. Man is considered the master of all living species because he is blessed with Divine wisdom to reach his Divine destination.

ਅਵਰ ਜੋਨਿ ਤੇਰੀ ਪਨਿਹਾਰੀ
ਇਸੁ ਧਰਤੀ ਮਹਿ ਤੇਰੀ ਸਿਕਦਾਰੀ ॥੩੭੪॥

Please do not follow the egoistic path of being engrossed in your own worldly pleasures. That would be useless and worthless and would defeat the purpose for which you have come. The only way to tread the Divine path is to shed your ego. To attain salvation in this very life is to follow the Divine instructions incorporated in holy books like the Guru Granth Sahib. This you can do only if you associate yourself with holy persons, i.e. Saadh Sangat, which will inspire you to meditate on the Divine Name for the complete elimination of your ego.

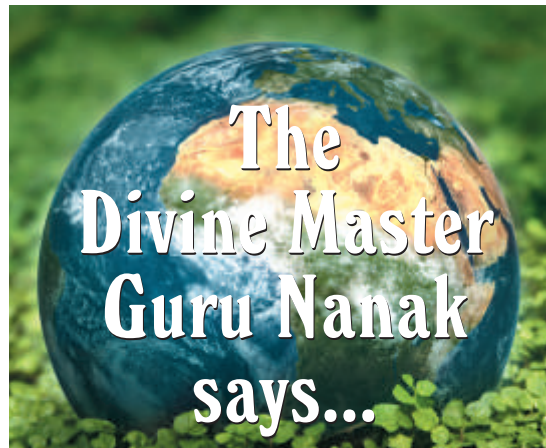
To follow the path of spirituality, there are two essentials that the Almighty has created for us. The first is the earth, which is called Dharamsala, a place where good actions and deeds are performed; and the second is the physical body that performs these actions.

Almost all religions of the world teach us that there are only two paths in this world. One leads to heaven and the other to hell. Guru Nanak says that heaven is to live in tune with the Almighty Lord and hell is to live in dissonance from the Divine, following the dictates of the egoistic mind.

Almost every Eastern religion follows the doctrine that if man lives in the company of holy persons (Sangat) he follows a path to heaven and becomes Gurmukh (being in tune with the Divine and ending the cycle of birth and rebirth). On the other hand, if the same man associates himself with bad company (Kusangat) he becomes Manmukh (becoming egoistical, following the path to hell).

ਜਿਤਨੇ ਨਰਕ ਸੇ ਮਨਮੁਖਿ ਭੋਗੈ
ਗੁਰਮੁਖਿ ਲੇਪੁ ਨ ਮਾਸਾ ਹੇ ॥੧੨॥ (1073)

The Guru has taught us that the way to walk on the Divine path of salvation in life is to completely eliminate the ego and be completely in tune with the Divine Name. The Guru says "O man you are God if you have no ego". Man minus Ego is God.



ਰਖਿ ਰਖਿ ਚਰਨ ਧਰੇ ਵੀਚਾਰੀ ॥ ਦੁਬਿਧਾ ਛੋਡਿ ਭਏ ਨਿਰੰਕਾਰੀ ॥
ਮੁਕਤਿ ਪਦਾਰਥੁ ਹਰਿ ਰਸ ਚਾਖੇ ॥ ਆਵਣ ਜਾਣ ਰਹੇ ਗੁਰਿ ਰਾਖੇ ॥੨॥ (685)

The Guru says that the first step in following this spiritual path is to earn your livelihood through hard and honest work. The next step is to part with at least one tenth of your honest earnings (Daswandh) for the welfare of mankind in order to create spiritual brotherhood and divine peace.

The door to this divine path in your body is completely closed and locked unless you use the only key to open the door, i.e. parting with at least one tenth of your honest earnings. By parting with this one tenth, you will find the path of the Divine and then meet God by following Divine instruction faithfully with complete devotion and love.

ਘਾਲਿ ਖਾਇ ਕਿਛੁ ਹਥਹੁ ਦੇਇ ॥
ਨਾਨਕ ਰਾਹੁ ਪਛਾਣਹਿ ਸੇਇ ॥੧॥ (1245)

To become a devoted disciple of God, follow the doctrine of spirituality in letter and spirit. Wake up early in the morning i.e. at Amrit Vela, (three hours before sun rise), have a bath, recite the glory of Divine Name and sing the hymns of the Divine Master. During the day, while performing worldly duties you should intensely feel that these are the duties for God. Even while working and doing your job, feel intense love with the Divine Master and be in tune with the Divine Name.

With the passage of time, you will reach the stage when you shall recite the Divine Name with every breath and your inner self will be completely free of ego. Then you will be ready to receive the divine wisdom of the Almighty Lord (Brahm Gyan). You will become the role model of divinity and inspire others to follow the divine path. In this regard the Guru says "I beg the dust from the feet of such a person, who is in tune with the Divine Name and inspires others to do so."

ਜਨੁ ਨਾਨਕੁ ਧੂੜਿ ਮੰਗੈ ਤਿਸੁ ਗੁਰਸਿਖ ਕੀ
ਜੋ ਆਪਿ ਜਪੈ ਅਵਰਹ ਨਾਮੁ ਜਪਾਵੈ ॥੨॥ (306)

